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Raising Vegetables and Herbs

How Much Should You Plant?

CROP	YIELD LBS. per row foot	LBS. NEEDED per adult	ROW FEET per adult	ROWS per 4'-wide bed	BED FEET (LENGTH) per adult
Asparagus	0.25-0.33	7	28-21	7	4-3
Beans, bush, snap	0.8	8	10	2	5
Beans, pole	1.5	10	6.67	2	3.34
Beet, greens	0.4	4	10	3	3.34
Beets	1	10	10	3	3.34
Broccoli	0.75	15	20	2	10
Brussels sprouts	0.6	5	8.34	2	4.17
Cabbage	1.5	12	8	2	4
Cantaloupe	1	10	10	1	10
Carrot	1	20	20	3	6.67
Cauliflower	0.9	10	11.11	2	5.56
Chard	0.75	6	8	4-5	2-1.6
Collard	0.75	6	8	3	2.67
Corn	0.96	30	31.25	2	15.63
Cucumber	1.2	10	8.34	1	8.34
Eggplant	0.75	10	13.34	2	6.67
Kale	0.75	5	6.67	2	3.34
Leek	1.5	6	4	3	1.34
Lettuce	0.5	30	60	3-7	20-8.6
Onion	1	20	20	3	6.67
Parsnip	0.75	10	13.34	3	4.45
Pea, English or shell	0.2	5	25	3-4	8.34-6.25
Pea, snow	2	6	3	3-4	1-0.75
Pepper	0.5	10	20	2	10
Potato	5	50	10	2	5
Rhubarb	0.8-1.2	8-12	6.67-15	1	6.67-15
Rutabaga	1.5	5	3.34	5-7	0.66-0.48
Salad greens, misc.	0.5	25	50	3-7	16.67-7.15
Spinach	0.75	8	10.67	3	3.56
Squash, summer	2	8	4	1	4
Squash, winter	2	20	10	1	10
Strawberry	1-3 (qts.)	30 (qts.)	30-10	2-3	15-3.34
Tomato	1.5	20	13.34	2	6.67
Turnip	1	8	8	5-7	1.6-1.15